



Mt Kilimanjaro Detailed itinerary/Route:

6 DAYS RONGAI ROUTE

This is only route that will take you on the Kilimanjaro summit from the northeastern side and descend off the mountain via Marangu route on the southern slopes. Is good route for the acclimatization since it allowing slowly altitude gain.

1 DAY ONE

Arrive to Tanzania

Upon arrival at Kilimanjaro airport and completing all immigration formalities, you will be greeted and welcomed by Wilderness First travel Staff at exit arrival. You will then have about 1 hour drive to the hotel in Arusha town.

2 DAY TWO

Arusha – Rongai gate – Simba camp

We start our day with about 5 hours drive to northern part of Mt Kilimanjaro at Nalemuru/Rongai gate, upon arrival we will have our picnic lunch then finish park formalities then we will start our trek. We will be hiking through pine forest before getting to Mountain forest all the way to Simba camp 2610m/8530 feet for overnight; this will be short day with a walking time of 2-3 hours.

2 DAY TWO

Simba camp to Kikelewa Camp via Second cave

After breakfast we continue up toward Kibo peak with a vegetation change from Mountain forest to Alpine heath and moorland zone, all the way to second cave where we will stop for lunch; thereafter continue down to Kikelewa Camp 3690m/11'811 feet. This will be a long day with a trekking time of 6-8 hours. Will be long day but the only challenging part is the first part up to second cave then from there is gradual increase to Kikelewa camp.

3 DAY THREE

Kikelewa camp to Mawenzi turn hut camp

We will enjoy a breakfast at the camp then we start of 3rd day on the mountain. This will be a lil challenging day with steepness most of the terrain but short day, from the alpine moorland to high altitude desert the trek will take all the way to Mawenzi Turn hut camp 14206 feet for overnight. We will have our lunch at the camp and use our late afternoon to hike up at the base of Mawenzi peak for acclimatization. Will be a short day with walking time of only 3-4 hours.

DAY FOUR

Mawenzi Turn Hut camp to Kibo Hut

We start our day earlier with breakfast around 6.30am then we precede with our hike to Kibo hut so that we get enough time to rest before we start our summit challenge at mid night. Hike from Mawenzi camp to Kibo hut we will cross the lunar like desert between 2 peaks of Kibo peak and Mawenzi peak. Upon arrival at Kibo hut 4720m/15583 feet we will have a lunch and enjoy afternoon rest. Our walking time will be 4-6 hours.

DAY FIVE

Kibo Hut – Uhuru peak – Horombo hut

Our day will start earlier at mid night we will have a cup of tea/coffee with a light snack then we start our final challenge hike to the highest peak in African continent. The trails will be challenging with a combination of zig zag trails and rocky part until we get to Gilman's point 18638 feet then we continue walking along the crater rim to Stella point then up to Uhuru peak 5895m/19340 feet above sea level. We will celebrate our time at the highest point in Africa then take some pictures before we start hike down back to Kibo hut for breakfast and short rest; then we start walking down to the next camp via Marangu route to Horombo hut 3720m/12204 feet. We will continue staying in the tents although the route we descend will have huts will be for the people who using Marangu route only. Will be a longest day with a walking time of 8-15 hours.

DAY SIX

Horombo Hut – Marangu Gate via Mandara hut

After breakfast at the camp We start our final day at Kilimanjaro Mountain by hiking down the mountain, hike down to Mandara hut where we will stop for lunch before finishing the last part of the trek through the mountain rain forest to Marangu gate, after we finish park formalities we will meet our crew for successful climb celebration and cold beer toasty, thereafter we drive back to the hotel in Arusha for hot and nice shower then later celebratory dinner! Our hike time will be 6-8 hours, dinner and overnight.

PROGRAM INCLUDES:

All Park fees • All Meals in Kilimanjaro • Duffel bags • Camping Equipment's during the trek (Sleeping tents (4person tents sleeping 2), eating tents, table & chairs, private toilet, crew tents and kitchen tents) • Crew; English speaking guides, chef, and porters • Transport to and from the mountain • Helicopter Rescue • Oxygen cylinder for emergency • 2 nights in Arusha

PROGRAM DOES NOT INCLUDE:

Gratuities/Tip for the Mt Kilimanjaro crew • Visas • Travel Insurance
• Any other thing that is not mentioned in the itinerary

HIKING EQUIPMENT

- WALKING BOOTS – well worn in & waterproofed!
- Walking socks x 4 pairs
- Several T-shirts/wicking trekking tops
- Shorts x 2
- Trekking trousers x 1 (zip-off trousers ideal)
- Loose long-sleeved shirt x 1
- Warm jumper/good quality fleece
- Waterproof trousers
- Gaiters
- Waterproof windproof jacket
- Tracksuit bottoms – good for sleeping
- Thermals or something warm to sleep in
- Thermals or down jacket for cold evenings & summit
- Warm hat & gloves (hand-warmers also useful)
- Head torch with spare batteries
- iPod and ear plugs recommended for summit
- Large plastic bags to keep things dry inside the duffel bag
- Comfortable 35+ liter daypack – to carry your waterproofs/water bottle/fleece/camera/first aid kit etc. as you will not be able to access your main pack until camp each day
- Sun block (min factor 30) & chap stick
- After sun/skin moisturizer
- Hat/cap for sun protection
- Sunglasses
- Small towel
- Swimming costume-for the pool at hotel
- Underwear & socks
- Spare set of clothes for some days in town
- Spare footwear or crocs are very useful for evening
- Camelback or nelgene Water bottle – 3-4 liters per day
- Sleeping bag (-21° C)
- Rubber-tipped trekking poles – optional; useful if you are unsteady on uneven ground
- Wash kit, including wet-wipes very useful
- Snacks/energy bars are very useful
- Camera /spare batteries/memory cards etc.
- Insect repellent & Liquid hand wash

CLIMBING MEALS MENU

Breakfast

Tea/Coffee/Hot Chocolate/ Porridge
Toast with Margarine/Fruits Jam/Peanut Butter/Honey.
Eggs/Sausage/Pancakes
Fresh Fruits: Mango/Orange/Pineapple/Banana/Avocado/Watermelon.

Dinner

Soup-Pumpkin, Butternuts, Cucumber, Mixed vegetable, Leaks, etc.
Bread
Beef/Chicken/Potatoes/pasta/Rice/
Cooked Banana
Fresh Fruits/fresh salads/vegetables

Lunch

Vegetable Soup/Tea/Coffee/Hot Chocolate
Bread/ Margarine/Fruits Jam/
Peanut Butter/Honey.
Fresh Salads: Tomato/Cucumber/Onion/Carrots
Sandwich/Chicken/Rice/Green Beans/
French Fries
Fruits Juice.

Snacks

Peanuts/Pop Corn/Queen Cakes/Biscuit



P.O. BOX 14113, MOSHI-ARUSHA ROAD, MEC HOUSE, 4TH FLOOR OFFICE NO. 409, ARUSHA, TANZANIA.
M: +255 754 917 579 / 784 917 579 | E: info@wildernessfirsttravel.com | W: www.wildernessfirsttravel.com
